Body

The Katherine Daniels Tranquil Relaxation Body Treatment - When time stands still. When you relax. Let us envelop your mind and body for 50 minutes of 'me time' while you unwind with a series of body stretching techniques, body exfoliation and a treatment mask. A new you will float away with renewed energy and with skin soft and comforted. **£59.00**

The Katherine Daniels Deep Cleansing Back Treatment – A relaxing treatment to deep cleanse and detoxify your back and shoulders. Blocked pores will be released, leaving your back smoother and decongested.
Also ideal for pre/post tanning. 60 mins **£67.00**

"A Moment to Myself" - Enjoy an hour of relaxation -a back, neck and shoulder massage plus a luxurious mini facial using Katherine Daniels products. **£65.00**

Back, Neck and Shoulder Massage – 30 mins **£38.00**

Full Body Massage – 60 mins **£65.00**

Hot Stone Massage – An indulgent heated massage, using warm massage oil and hot stones to ease tension and relax your mind and body. The basalt stones are placed and used with varied massage techniques to target areas of muscle tension to leave you feeling relaxed and supple. 60 mins **£70.00**

Mother to Be Pregnancy Massage – 60 mins **£62.00**

Indian Head Massage – 30 mins **£38.00**

Freya Rose Signature Massage – 90 mins **£120.00**

Reflexology	60 mins	**£55.00**
	30 mins	**£35.00***
Reiki	60 mins	**£55.00**
	30 mins	**£35.00***

** Or **£30.00** as an add on to any facial or massage*

Luxury Manual Tanning Treatment – This is a pampering, hydrating and relaxing way to receive a tan. It includes exfoliation.

Whole body	**£52.00**
Legs	**£35.00**